



@ AHHHELELUISE

HEALTH SESSIONS OVERVIEW

Initial Health Consultation	75€	including an individualized health care plan, lifestyle management and empowerment
Follow-up session	50€	for returning clients, continued guidance
Healing packages		
3 Session Package	170€ 175€	1 Initial Session + 2 Follow up
4 Session Package	210€ 225€	1 Initial Session + 3 Follow up
5 Session Package	255€ 275€	1 Initial Session + 4 Follow up
6 Session Package	300€ 325€	1 Initial Session + 5 follow up
7 Session Package	345€ 375€	1 Initial Session + 6 Follow up
8 Session Package	400€ 425€	1 Initial Session + 7 Follow up
9 Session Package	440€ 475€	1 Initial Session + 8 Follow up
10 Session Package	475€ 525€	1 Initial Session + 9 Follow up <i>(get one session for free)</i>

How does it work?

1:1 Healing Consultation // in German or English

In this initial session you will get an intuitive health analysis, counseling on lifestyle management and guidance on your healing journey. You will receive a *customized diet and supplement plan* based on your health and body requirements. Before the session, I will send you a health questionnaire, so I can already get a better understanding of your health issues, focuses and goals. If you struggle from chronic health symptoms, you are at the right place.

Jump start healing - packages //

This is for you if you want to jumpstart your healing while saving money: *1 initial session* with an individual diet and supplement plan and several *follow up sessions* - including additional bonuses like a grocery shopping list and your health journal document. Together we will develop your health strategy to finally break free from your chronic symptoms, to stay on track & adjust your protocols as needed.

Follow up session //

For returning clients. We will talk about your experience like healing progress, struggles & update your care plan. As always while working with me, you will get motivated and empowered so you can keep transforming your health and make sustainable shifts.

Symptoms I can help you with

- reproductive issues like infertility, PCOS, endometriosis, hormonal imbalances
- digestive issues like bloating, IBS, stomach problems
- chronic fatigue/ energy issues
- cystic acne
- cold/ flus
- lose/gain weight
- Anxiety/ Depression
- Focus and Concentration Issues
- Chronic UTI's
- Womens Health
- liver issues
- ALL Autoimmune conditions such as Fibromyalgia, RA, Psoriasis & more

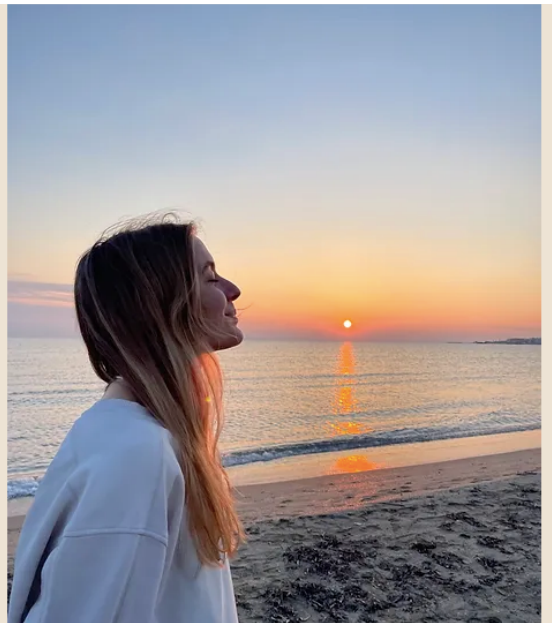
Meet your healing mentor

Annelie Luise

From lifelong chronic illness sufferer running from doctor to doctor searching for answers

to healing mentor free of PCOS, infertility, chronic fatigue syndrome, IBS & more.

Studying and applying **Medical Medium information** for 4+ years. Using all the knowledge from my healing journey for individual support and guidance in my intuitive health consultations today. A certified Holistic Health Coach on a mission to help the chronically ill regain their health & break free! **Are you ready?**



Find out more on my website <https://www.annelieluise.com> ✨